



BOOKS TO READ WITH CHILDREN

It is very hard to offer a selection from the hundreds of children's books available. www.healthybooks.org.uk is a good website to visit, especially if you're after a theme. Here are some of our favourites to help children explore their feelings.

Some Dogs Do, Jez Alborough, Walker Books, 2004

Where Willy Went, Nicholas Allen, Red Fox, 2006

Edwardo, the Horriblest Boy in the Whole Wide World, John Burningham, Random House, 2007

Would You Rather... John Burningham, Jonathan Cape, 1994

The Bad-tempered Ladybird, Eric Carle, Puffin Books, 1982

Today I Feel Silly, and other moods that make my day, J. L. Curtis, HarperCollins, 1998

Mummy Laid an Egg, Babette Cole, Red Fox, 1995

Princess Smartypants, Babette Cole, Puffin Books, 1996

The Period Book, Karen and Jennifer Gravelle, Piatkus, 1997

The Huge Bag of Worries, Virginia Ironside, Hodder Wayland, 2002

Guess How Much I Love You, Sam McBrantey, Walker Books, 1994

Not Now Bernard, David McKee, Red Fox, 1996

I Feel Angry, Brian Moses, Hodder Wayland, 1994

I Feel Frightened, Brian Moses, Hodder Wayland, 1994

I Feel Jealous, Brian Moses, Hodder Wayland, 1994

The Rainbow Fish, M. Pfister, North-South Books, 2001

Michael Rosen's Sad Book, Michael Rosen & Quentin Blake, Walker Books, 2004

Where the Wild Things Are, Maurice Sendak, Red Fox, 2000

The Owl Who Was Afraid of the Dark, J. Tomlinson, Mammoth, 1992

A Volcano in My Tummy: Helping children to handle anger, Eliane Whitehouse and Warwick Pudney, New Society Publishers, 1996

The Selfish Giant, Oscar Wilde, Puffin Books, 1982

The Velveteen Rabbit, Margery Williams, Egmont Books, 2004