

Islamic values and the Nurturing Programme



The Nurturing Programme is a structured 10-week programme promoting emotional health, relationship skills and positive behaviour management strategies for parents/carers. This specialist 5-day training course equips practitioners to deliver Nurturing Programme parent groups to all parents in the community. In addition the course will consider how to increase the programme's relevance and meaning for the Muslim community, relating the content to Islamic Values. It will include the use of the *Islamic Values and the Parenting Puzzle* book, bringing together Islamic religious teaching with the Family Links Parenting Puzzle. The course draws on extracts from the Quran and sayings (hadiths) of the Prophet Muhammad (peace be upon him) to demonstrate how Islamic religious values complement the Parenting Puzzle.

Nurturing Programme Features

- The Nurturing Programme encourages an approach to relationships that gives children and parents an emotionally healthy springboard for their lives and their learning.
- Promotes emotional literacy and emotional health
- Enhances self-esteem, self-awareness and empathy
- Develops communication and relationship skills
- Provides effective strategies to encourage co-operative, responsible behaviour and manage challenging behaviour in children

The Training Course Promotes

- Personal and professional reflection, facilitation skills and group dynamics
- Facilitative and empathic work to increase confidence and skills in parents and families
- Knowledge and confidence in the use of the Nurturing Programme with Islamic values and ways to increase the relevance of the programme for Muslim parents
- A partnership approach to work with parents
- Consistency of practice amongst all professionals and also team and multi-agency work

Nurturing Programme Quality

The Nurturing Programme is psychologically and theoretically robust, drawing on cognitive, behavioural and affective approaches. It is mapped against National Occupational Standards for Work with Parents, has been awarded the CANparent Quality Mark and is CPD certified. Open College Network accreditation at Level 1 and 2 is available for parents; City and Guilds Work with Parents Level 3 and 4 accreditation is available for practitioners.

Successful trainees will become recognised Family Links Parent Group Leaders.



Training options:

£1250 per person

Visit our [online training calendar](#) to see training dates around the country and book your place. Contact the Training Team for further details: training@familylinks.org.uk or 01865 401800

£16000 for a group of up to 16 people

To find out more or to book an in-house training course for your team contact Pip: training@familylinks.org.uk 01865 401800

Prices applicable to training courses delivered on the UK mainland.